



Official Invitation

The International Powerlifting Federation
Asian Powerlifting Federation
Turkish Powerlifting Federation
invite the APF member nations to the:
**Asian Classic & Equipped
Powerlifting & Benchpress Championship 2021
Sub-Junior, Junior, Open, Masters (All age groups, Men & Women)**

Turkey, Istanbul 24-30 DECEMBER, 2021

Please note: All information is posted only for information purposes. All team selections, all official entries for the Championships and all hotel bookings must be done by IPF Member nations, and NOT by individuals.

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| Preliminary Nominations deadline: | Final Nominations deadline: |
| NOVEMBER 20, 2021 | DECEMBER 3, 2021 |

- Sanctioned by** : Asian Powerlifting Federation, International Powerlifting Federation
- Organized by** : Turkish Powerlifting Federation
- Meet director** : Gürhan Gürler guruhansh@gmail
Whatsapp: +905065317892,
+905316151040
- Hotel, Transfer, Visa** : Furkan Kaya agirsaglam@gmail.com
Mobile: +905301708200
- APF General Secretary** : Rajesh Tiwari, e-mail: raajesh.tiwari@gmail.com
- APF Championship Secretary** : P J Joseph, e-mail : pjoseph_arjun@yahoo.co.in
- APF Technical Committee Chairperson :** Chao Chen Yeh
Email: chenyeichao@yahoo.com.tw

Asian Powerlifting Federation

NO: 66, 1st floor, Al e Ahmad St., Tehran – Iran
Postal code: 1445843181
Tel: +98 21 88242100 Fax: +98 21 88270581

**Host city**

Istanbul, Turkey

Venue

BAYRAMPAŞA SPOR KOMPLEKSİ
Bayrampaşa Spor Kompleksi, Tuna
Caddesi, Bayrampaşa 0212 449 45 29
info@spor.istanbul
<https://spor.istanbul/bayrampasa-spor-tesisi/>

Technical Meeting

23rd December 2021 17.00

Transfer information:**İstanbul Airport-Hotels transfer Prices (40km-45km)****PRICES PER CAR**

Little Bus one way: (5 to 10 persons)
50 Euro one way, 90 Euro two ways

Special Transfer: (1 to 4 persons)
40 Euro one way, 70 Euro Two ways

Sabiha Gökçen Airport-Hotels transfer Prices**PRICES PER CAR**

Little Bus one way: (5 to 10 persons)
65 Euro one way, 120 Euro two ways

Special Transfer: (1 to 4 persons)
50 Euro one way, 85 Euro Two ways

Accommodation

: Hotels can be booked by national team manager according to recommendations or other reasons at any booking web resources

RECOMMENDATIONS**Hotels that located not far from the venue****Lionel Hotel Istanbul:**

Yenidoğan Mh. Abdi İpekçi Cd. No.84 Bayrampaşa

Wish More Hotel Istanbul:

Kocatepe Mah. Cicoz Yolu Cad. No:207 Bayrampasa

Golden Tulip Istanbul Bayrampasa:

Yenidoğan Mah. Cicoz Yolu Caddesi No: 13 Bayrampasa

Doubletree By Hilton Istanbul Topkapi:

Orta Mahalle, Anit Sokak: No: 1 340

MY MİRA CITY HOTEL &SPA:

Yavuz Selim Mahallesi Mehmetçik Sokak 12 34220
Esenler/İstanbul

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The organizer will not be responsible for any hotel bills of the participating Nations. Each Team manager will be responsible.

Additional information:

- Scales** : Scales will be available at the venue.
- Training** : Special training area will be available
- Flag and national anthem** : Will be provided by the organizer.
- Closing banquet** : 30 December, 2021, Wish and More Hotel
Banquet Price: 15 euro per person

Powerlifting

Participation Fee: **USD90\$**

Anti-Doping Fee: **USD60\$**

Benchpress

Participation Fee: **USD90\$**

Anti-Doping Fee: **USD60\$**

Health and Travel Insurance : All delegate members must have a valid health insurance. The organizer and the APF will not incur any expenses for a doctor or a stay in hospital. We recommend a travel insurance covering loss of luggage, theft, delayed planes etc.

Nominations : Team nomination forms must be in the hands of Meet Director Gürhan Gürler gürhansh@gmail and APF Technical Committee Chairperson (chenyehchao@yahoo.com.tw) not later than:

Preliminary : **20 NOVEMBER 2021** complete filled in preliminary form must be sent. No final nomination will be accepted if complete filled in the preliminary was not sent). **DATE is one time exception due to COVID19 circumstances**

Final : **3 DECEMBER 2021**

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Important Items to remember

Preliminary nomination forms must be sent not later than 60 days before the date of the Championship. Final nominations must be submitted no later than 21 days before the date of the Championship and must include only names from the preliminary nomination (i.e. only lifters from the preliminary nomination can be replaced by a substitute. No new nominations will be accepted).

Opening ceremony: 24 December, 2021 at 11.00 a.m. at the venue

Costume: All lifters must wear IPF-approved singlets and all personal equipment. Lifters who do not wear IPF-approved equipment will not be allowed to participate.

Correspondence: E-Mails regarding the championships must be sent to Gürhan Gürler gurhansh@gmail.com & copy to Chao Chen Yeh chenyehchao@yahoo.com.tw

Farshid Soltani : **APF President**
Chen Yeh Chao : **APF Technical Chairman**
Rajesh Tiwari : **APF General Secretary**
Gürhan Gürler : **Meet Director**

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